

Medical Microdermabrasion

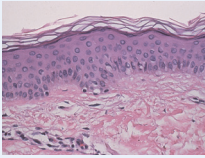
What is Microdermabrasion?

Microdermabrasion is a skin restoration procedure that aims to produce smoother, clearer and younger looking skin. It is also used for skin problems such as acne, blackheads/whiteheads, sun damage and fine lines.

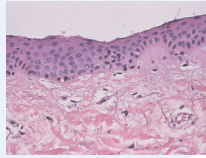
Microdermabrasion should be painless and the results can be seen in just one visit. There should be no side effects and no "down time" for recovery.

How does it work?

The treatment involves using a highly controlled flow of fine, medical grade crystals to remove the dead, outermost layer of skin – this removal is called "exfoliation". The skin exfoliation process reveals the new, living cells that are soft, smooth and receptive to nutrients.



Before



After treatment

The procedure is performed using a hand piece that the clinician passes over the skin. This evenly removes the stratum corneum, the outermost layer of skin. At the same time the underlying epidermis is also stimulated by the abrasion and the vacuum. This promotes new collagen which thickens the dermis and improves resistance to ageing.

The treatment

The treatment will start with a consultation with the clinician, to discuss worries, contraindications and also to explain what the procedures are and what should be expected.

The treatment will be performed in one of our specialised treatment rooms. To begin, the clinician will place a headband to keep the hair off of the face and then will clean the skin. Eye shields will then be applied to prevent the crystals from entering the eye. The machine will be tested for power, usually on the clinician's own arm, and then a routine of movements will be performed over the client's face.

At the end of the treatment, any residue of the crystals that are left will be dusted off. The eye shields will be carefully removed. A soothing and re-hydrating serum, eye cream and moisturiser are then applied to the whole of the area that was treated.

Are there any side effects?

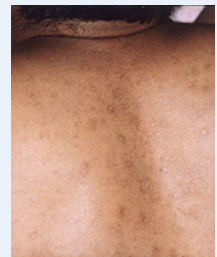
There should be no side effects from Medical Microdermabrasion, although the client's face might appear mildly rosy and they may experience some warmth and an increased sensitivity for a few days after treatment.

What should be expected after the procedure?

After the first treatment, clients should notice marked improvements in the texture of their skin. They should notice a reduction in the number of blocked pores (blackheads). The long term benefits of multiple procedures can be remarkable, producing clearer, toned and smoother skin.



Before



After treatment

Is Medical Microdermabrasion safe?

Medical Microdermabrasion is generally a safe procedure. However, as the machine at Absolute Aesthetics is a true Medical Microdermabrasion unit, it has a far higher power available than the “beauty” Microdermabrasion machines that are widely found in salons or for home use. As such the power has to be selected appropriately for the client’s skin. Like any treatment, there are contraindications and a small risk of an adverse result. These are reduced by the pre-procedure consultation.



Before



After treatment

The frequency of such treatments will depend on the clients skin type and what they wish to achieve from the treatment.

If a specific problem is being addressed, a course of 5 sessions is usually required.

If you would like to know more about Medical Microdermabrasion at Absolute Aesthetics, please look at the website:

www.absoluteaesthetics.co.uk

or contact us on:

info@absoluteaesthetics.co.uk

or Tel: 01483 477 189



Before



After treatment

How long does the treatment take?

The full treatment of Medical Microdermabrasion should take 30 – 40minutes. If the treatment is combined with Agera® skin peels the procedure should take 1 hour (Please see the Agera® Peels leaflet).

How many treatments will I need?

Medical Microdermabrasion shows an immediate effect after just one treatment. However, improved effects can be obtained by having combined Agera® Peels with the Medical Microdermabrasion, or regular Medical Microdermabrasion treatments.

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