



Where Beauty meets Medicine®

Price List

Autumn & Winter 2008/09

01483 477 189

www.absoluteaesthetics.co.uk

Body Sculpting

VelaShape™

VelaShape™ reduces the appearance of cellulite by smoothing the skin's outer layers. The technique aims to penetrate the dermal layer to target the fat cells using a combination of massage and heat techniques.

The increased power of this machine means a reduced number of sessions to get to your end point compared with endermology.

Consultation and treatment plan (30 mins)	£38.00
Backs of thighs and bottom	£215.00
Fronts of legs	£155.00
Combined bottom and thighs (front & back)	£325.00
Abdomen	£170.00
Arms	£100.00

Course of treatments with VelaShape™

Buy a course of 5 treatments for the price of 4 (5th treatment free)

Endermology (LPG)

Non-invasive and fairly painless, the LPG is reputed to be the only FDA approved treatment that reduces cellulite. The rolling head massages the skin through a body stocking, reducing any pinching effect. This helps re-shape the body's natural contours.

Introductory session including body stocking and consultation (60mins)	£59.00
Maintenance session (35 mins)	£53.50
5 sessions (35 mins)	£257.00
10 sessions (35 mins)	£503.00
15 sessions (35 mins)	£749.00

Macrolane™

Macrolane™ is a non-invasive breast augmentation treatment performed under local anaesthetic. This treatment uses hyaluronic acid to restore volume and shape to breasts that have lost their natural shape and increases volume to smaller breasts, giving a very natural looking result.

Starting from £2,200.00 per treatment

Hair Removal

Intense pulsed light

Intense pulsed light (IPL) uses light energy to heat the hair follicles leading to a permanent hair reduction. It's quick, effective, safe and works best on darker hair types for any area of the body. Prices depend on area to be treated – you will be quoted at your consultation.

Consultation and patch test	£45.00
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This will be deducted from any subsequent treatment arising from the consultation. All prices for IPL are in the IPL price lists. Please ask any of the Absolute Aesthetics staff for a copy.

Electrolysis

Using Sterex SX-Blend Electrolysis machine

Per 10 minutes	£12.50
5 x 10 minutes and get 6th session free	£62.50

Anti wrinkle treatments

BioSkinJetting®

A new and natural method to treat wrinkles using the body's own healing processes. Please ask for an information leaflet.

15 minute treatment	£59.00
30 minute treatment	£106.00
45 minute treatment	£141.00

Course prices on request.

Dermal fillers for facial and lip enhancement

At Absolute Aesthetics, our doctors and nurses use Restylane® or other hyaluronic acid fillers. Hyaluronic acid – which is a natural substance normally present in the skin – helps the skin stay hydrated, firm and young.

There are different forms of Hyaluronic acid fillers. The choice depends on how deep the lines are and the area of the face that needs to be treated.

Unlike some fillers Restylane® can be removed by a simple injection if the effect is not to your liking.

Prices are per syringe – often only one is needed per treatment but sometimes two or more syringes may be necessary to get the desired effect. You will be advised before you have to commit to how many syringes you might need. You can also split your treatment into several visits if you wish.

£329.00 for Restylane® (2nd syringe at same treatment extra £264.50)

£388.00 for Perlane™ (2nd syringe at same treatment extra £329.00)

£411.00 for Restylane Lipp™ (for creating fullness of the lips)

£222.00 for Restylane® 0.5ml

£298.00 for Perlane™ 0.5ml

£226.00 for Restylane Touch™ 0.5ml

Dermal fillers for hands, neck and décolletage - VITAL

The hands and neck often show age more than other areas. With age, the backs of the hands get less plump, showing the veins and tendons more prominently. The neck shows thinner skin, more muscle bands ('turkey neck') and the décolletage shows more wrinkled skin. A three month course of Restylane Vital™ injected under the skin of the backs of the hand, skin of neck or décolletage slowly rehydrates the tissue and plumps the skin back up.

£587.50 for a 3 month course of Restylane Vital™ –
1 treatment each month for 3 months

N.B. For best results for 'turkey neck' this might need to be combined with muscle relaxing injections into the 'bands'.

Muscle relaxing injections for facial wrinkles

Wrinkles of the forehead, frown lines between the eyebrows and 'crow's feet' lines beside the eyes, are often caused by overactive facial muscles. Precise muscle relaxing injections of a specific Toxin are given into the problem areas. The surrounding muscles can still work and this helps the wrinkles to slowly soften whilst the face keeps most of its usual movements and expressions.

The effect of each treatment usually lasts 3-6 months. With repeated treatments, the lines become softer and smoother and the skin looks younger and less tired.

Prices depend on the number of areas treated

For one area	£235.00
For two areas	£311.00
For three areas	£382.00

Neck bands will be quoted depending on the extent of the problem.

Muscle relaxing injections for excessive underarm sweating

Excessive sweating (hyperhidrosis) is often caused by overactive sweat glands or overactivity of the sympathetic nervous system.

Using very fine needles, a dilute solution of botulinum toxin is injected into the skin of the underarm. The toxin binds to the nerve that controls sweating in the skin and reduces all sweating in the area for 4-12 months.

Each treatment £550.00

Sculptra™

Sculptra™ is a synthetic injectable material known as poly-L-lactic acid. It is a unique non-invasive cosmetic procedure which is designed to restore volume of sunken areas such as skin creases, wrinkles and folds caused by natural ageing and also to tighten the tissues giving a 'lift'. It results in a fuller, smoother natural-looking and younger face. The results have been shown to last over 4 years.

Most people require at least one vial per month for 3 months – usually between 3 and 5 vials in total. Each Vial: £485

Please note that Sculptra™ needs 72 hours preparation before injection. Please also note that we take a £200 non-returnable deposit at the time of booking Sculptra™.

Aesthetic medicine

Medical Microdermabrasion

Medical Microdermabrasion bombards the skin with crystals whilst sucking debris off the skin to fade sun damaged patches plus superficial age spots. It softens fine lines and wrinkles and also removes blackheads and whiteheads.

Full face (45 mins)	£95.00
Full face, 5 sessions (45 mins each, 10% discount)*	£427.50
Full face, 10 sessions (45 mins each, 15% discount)*	£807.50
Full face/neck (50 mins)	£100.00
Full face/neck, 5 sessions (50 mins each, 10% discount)*	£450.00
Full face/neck/chest (60 mins)	£110.00
Full face/neck/chest, 5 sessions (60 mins each, 10% discount)*	£495.00

* Includes free recovery cream worth £50.

Skin peels

AGERA® is a range of skin peels that are only available through medical facilities. They are non-glycolic and use the latest skin care technology. They can be used for all ages and skin types.

Full skin consultation	£38.00
Skin peel (30 mins)	£75.00
Combined skin peel and Microdermabrasion	
Full face, 60 minutes	£110.00
5 sessions, 60 minutes (10% discount)*	£495.00

* Includes free recovery cream worth £50.

Nu-Derm® treatments and Obagi® skin peels

These very effective treatments are only needed by those who require quite aggressive skin treatment. Administered by doctors, these treatments can tighten skin, reduce scarring and decrease pigmentation abnormalities.

Nu-Derm® course and 2 consultations	£325.00
For those who need to progress, either one deep or three lighter peels are recommended.	
Blue Obagi® peels – one deep or three lighter peels	£500.00
Obagi® – CRX course and 2 consultations	£290.00
Obagi® – Clenziderm starter kit suitable for acne prone skin	£80.00

All treatments are tailored to client's requirement. You will be advised if additional treatments are recommended at your consultation.

For other Obagi® systems please see our Obagi® price list or speak to one of the Absolute Aesthetics team.

Skin treatments using the Sterex SX-B electrolysis machine

Advanced cosmetic procedures with electrolysis can treat conditions usually only treated by laser or surgery. Electrolysis causes no scars and can be performed with local anaesthetic if needed.

- Facial thread veins
- Milia (white spots around the eyes)
- Skin tags
- Spider Naevi (spider veins on face, body, hands)
- Warts
- Campbell de Morgan (small bright red spots usually on arms and body)
- Removal of hairs in moles
- Moles (doctors consent required)
- Age spots
- Sebaceous cysts
- Molluscium contagiosum
- Syringoma
- Tuberos sclerosus
- Poikiloderma

The Sterex SX-B electrolysis machine is used to treat all these conditions. Treatment times do vary and prices will reflect the time taken.

Before any treatment, your therapist will give you a consultation. They will advise you on the success rates of the treatment for your condition and will be able to give you an estimate of time before your treatment starts.

Consultation	£15.00
Up to 15 minutes	£53.00
15 – 30 minutes	£97.00
30 – 45 minutes	£159.00
Optional local anaesthetic performed by a doctor	£60.00

IPL – Skin rejuvenation/Red veins

Intense pulsed light (IPL) uses light energy. It is a non-surgical treatment for various skin conditions such as scars, pigmentation (caused by age or over-exposure to the sun) fine lines, wrinkles and skin texture.

Consultation and patch test £45 – This will be deducted from any subsequent IPL treatment arising from the consultation. Prices of treatment will be advised during consultation and depend on the area to be treated, extent and number of treatment sessions.

All prices for the IPL are in a separate IPL price list. We will be pleased to supply you with one upon request.

Removal of lumps and bumps on or under the skin

Consultation £59.00

At the consultation we will provide a quote for removal. The price will depend on size, number and location.

Charges start at £299.00 for first lesion; we will quote for multiple lesions.

If histology is required (laboratory examination of lump to check it) we will advise you on cost.

Thermage™

Thermage™ is a very specialised machine that heats the skin with radiofrequency energy and then cools it. The heating effect tightens the skin, reducing wrinkles and smoothing the surface.

Consultation	£59.00
Forehead only	£1645.00
Mid-lower face only	£2643.75
Full face and part neck	£3525.00
Upper arms	£2643.75
Thighs	£4112.50
Abdomen	£4112.50

Eyes by Thermage™

Thermage™ is a technique of skin tightening using radio frequency heating. Eyes by Thermage™ is a new technique using a specialist Thermage™ treatment tip to tighten the skin of the upper eyelid and then a second tip to tighten the skin around the eye. This gives a "bright eyed" look, reducing some of the loose skin of the eyelid and surrounding skin. It is not useful for very hooded eyes which would require surgery. A consultation is advised before deciding upon this treatment.

Eyes £1700.00

Cellulite treatment by Thermage™

Cellulite is the name given to dimpled skin usually on the buttocks and thighs of females. It is due to underlying fat and fluid retention pushing areas out, with the skin support ligaments pulling certain parts back in. Thermage™ is a radio-frequency heating technique that is usually used to tighten skin. Recent advances in Thermage™ have allowed production of a deeper treatment tip that not only tightens skin, but also affects the deeper tissue under the skin. About 80% of people with cellulite having this treatment report satisfactory improvement in their cellulite.

Cellulite – prices will be quoted for at time of consultation but start from £3500.00

Please note that we take a £500 non-returnable deposit at the time of booking Thermage™.

Laser Lipolysis with fat removal

The laser lipolysis technique removes fat cells using laser energy through pinhole surgery. Fatty areas that are normally resistant to dieting and physical exercise can now be treated through this laser-assisted lipolysis system.

At one treatment session

Consultation	£59.00
First area of treatment	£2115.00
Second area of treatment	£1527.50
Third area of treatment	£940.00

Discounts apply to those needing multiple treatment sessions. These will be quoted individually.

Please note that we take a £500 non-returnable deposit at the time of booking laser lipolysis.

Appointments

Please arrive 15 minutes prior to your appointment to avoid time delays for the therapist. Consultations are required for every new client.

Products

A full range of AGERA® and Obagi® products are available to be purchased for home use or gifts. Gift vouchers are available for special occasions. They can be purchased through the office by telephone or email or via the website www.absoluteaesthetics.co.uk

Refund policy

Please note that no products purchased at Absolute Aesthetics can be refunded if the product packaging has been opened. If the products are shown to be materially defective, they will be replaced or a refund given once it has been returned to the manufacturer and the defect confirmed. Products sold as part of a package which includes consultations will be replaced as outlined above however the consultation fee or fees in such a case will not be refunded if the consultation(s) have been performed or offered.

This policy does not affect your statutory rights.

Confidentiality

At Absolute Aesthetics we understand that some people like to keep their aesthetic treatments confidential between themselves and their practitioners. In order for us to respect your confidentiality, please indicate what method of communication that you would like us to use to contact you, should the need arise.

How to find us

By road from London on A3 and M25 (J10)

Exit A3 at sign for University, Cathedral, Hospital (do not take earlier turn off to Guildford). At roundabout take third exit. Drive straight across next two roundabouts into Gill Avenue. Pass The Royal Surrey County Hospital on your right. At next roundabout take third exit into Occam Road. Take the fourth road on the right, Stirling Road. Stirling House is about 100 metres on the left. There is free parking on-site, and park in the the area marked (1) or visitor.

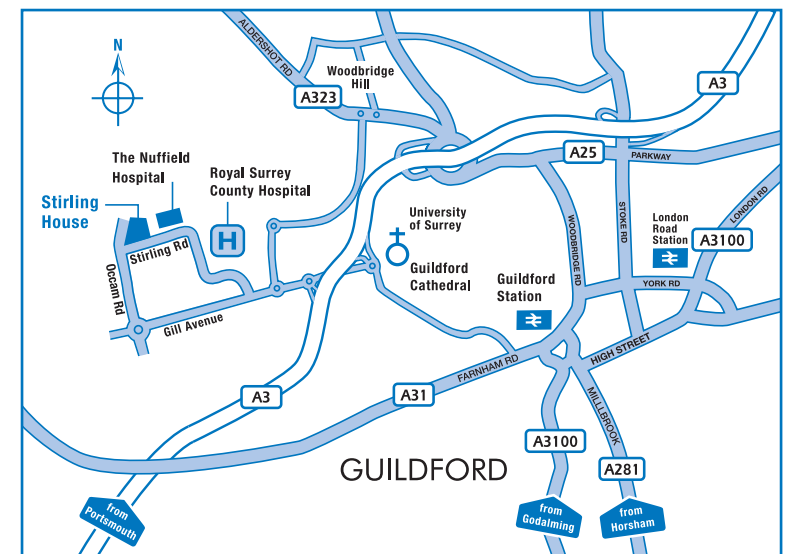
By road from Portsmouth on A3

Exit A3 at sign for University, Cathedral, Hospital. At roundabout take second exit. Drive across next

roundabout into Gill Avenue. Pass The Royal Surrey County Hospital on your right. At next roundabout take third exit into Occam Road. Take fourth road on the right, Stirling Road. Stirling House is about 100 metres on the left. There is free parking on-site, and park in the the area marked (1) or visitor.

By rail

Absolute Aesthetics is a short taxi ride, approximately 2 miles from Guildford Station or there is a link bus service from Guildford Station to The Royal Surrey County Hospital which is adjacent to The Guildford Nuffield Hospital and within walking distance of Stirling House.



Gift vouchers are available to purchase

Parking is free – permits available from reception

We ask for 24 hours notice on cancellations or else a
cancellation fee will be chargeable

All courses must be paid for in full at the time of booking

Hours of opening vary and may include late nights
and Saturday mornings

All prices quoted in this leaflet are inclusive of VAT.

All prices in this leaflet will be honoured until the publication of our next price list. Please enquire if you think that this price list might have been superseded and our staff will be happy to confirm if these prices are current at the time of your enquiry.

Please note that payments by credit card are subject to a 2.5% surcharge.



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